FLOW AND GO

(Last bred to Swan For All on May 23, 2025) Bay Mare - Foaled April 24, 2016 - Freeze Brand #2P662

FLOW AND	Yankee Glide 3, 1:55.1	Valley Victory 3, 1:55.3	Baltic Speed 3, 1:56.0
			Valley Victoria 3, 2:00.3f
		Gratis Yankee 2, 2:03.0	Speedy Crown 3, 1:57.1
			Yankee Flight 2, 2:05.3
	Frisky Fergi 3, 1:56.0f	Garland Lobell 3, 1:55.3	Abc Freight 3, T1:56.3
			Gamin Lobell 3, T2:05.0
		Bright Leaf	Dream Of Glory 3, 1:57.2
			Super Miss Chris

1st dam

FRISKY FERGI 2, Q1:58.1f, 3, 1:56.0f, BT 1:54.3 (\$148,127) 7 wins, by GARLAND LOBELL 3, 1:55.3. At 2, winner of KY Std Sale S. div at Hoosier Park, Reynolds Memorial div at Pocono Downs; second in KYSS cons at The Red Mile. At 3, winner of Hudson S. elim at Yonkers, KY Spring Ch elim at The Red Mile, Reynolds Memorial div at Pocono Downs; second in Hambletonian-

Oaks elim at The Meadowlands; third in KYSS div and final at The Red Mile. From 8 foals, dam of 5 winners (1 in 1:54, 3 in 1:56, 5 in 1:58) includingFRISKY STRIKE (m, Striking Sahbra) 3, 1:55.4s, 4, 1:53.4f (\$313,717) 7 wins. At 2, second in Champlain S. div at Mohawk, ONSS Gold elim at Flamboro Downs, elim at Mohawk, elim at Rideau Carleton, ONSS Gold Super Final final at Woodbine; third in ONSS Gold elim at Grand River, elim at Woodbine. At 3, second in Canadian Breeders Ch. final at Mohawk, ONSS Gold elim at Mohawk. Dam of IM YOUR CAPTAIN 2, 1:56.4f, 3, 1:53.4f, BT 1:53.3f (\$183,910) etc. FRISKEM (g, Muscles Yankee) 2, Q2:02.1, 3, 1:56.3, 4, 1:55.2s, BT 1:54.1s (\$145,124) 10 wins. At

FRISKEM (g, Muscles Yankee) 2, Q2:02.1, 3, 1:56.3, 4, 1:55.2s, BT 1:54.1s (\$145,124) 10 wins. At 2, second in John Simpson Memorial div at The Red Mile; third in Early Closer leg at The Red Mile. At 3, second in Late Closer H leg at The Red Mile; third in Hanover S. div at Balmoral Park, Late Closer H leg at The Red Mile, Simpson Memorial - Ayres div at The Red Mile.
FRISKY MAGIC (m, Kadabra) 2, 2:01.1f, 3, 1:54.1s, BT 1:54.0s (\$107,515) 6 wins. At 2, second in ONSS Gold elim at Rideau Carleton, ONSS Grassroots div at Rideau Carleton. At 3, second in ONSS Grassroots div at Mohawk; third in Celias Counsel Trotting Series leg at Woodbine. At 4, second in Lifetime Dream Series leg (twice) at Woodbine. Dam of MAGICAL BELIEFS 2, 1:56.4f, 3, 1:55.1, BT 1:53.3f (\$316,357); PRINCESS JACKIE 2, 1:55.0f, 3, 1:54.2f-'25, BT 1:52.3f-'25 (\$247.580); MERCULTIO 3, 1:54.3s, BT 1:53.4s-'25 (\$169.917) etc.

2, 1:56.4f, 3, 1:55.1, BT 1:53.3f (\$316,357); PRINCESS JACKIE 2, 1:55.0f, 3, 1:54.2f- '25, BT 1:52.3f-'25 (\$247,580); MERCUTIO 3, 1:54.3s, BT 1:53.4s-'25 (\$169,917) etc.

MASS FLOW (g, Muscle Massive) 3, 1:59.0f, 1:57.3h, BT 1:56.3f (\$80,500) 3 wins.

FREE WHEELING (m, Credit Winner) 3, Q1:56.2 (\$13,178) 3 wins. Dam of MAY BABY 2, 1:53.2s, 3, 1:52.2s, BT 1:52.1s (\$809,671); SWAN FLYER 3, 1:54.2s, 1:53.0f- '24, BT 1:52.4 (\$382,138); WHEELS A TURNING 2, 1:58.2s, 3, 1:56.2s, BT 1:55.0f (\$258,217); BIG WHEEL 2, 1:58.4, 3, 1:57.4s, BT 1:56.3f (\$100,778) etc.; grandam of FASTLANE COLTON 2, 1:57.1s- '25, BT 1:56.4s-'25 (\$21,465); Jasmine 2, 1:58.4s, 3, 1:57.4s, BT 1:57.0s (\$35,510); Lidlbidy Pridy One 2, Q2:01.0s- '25, BT 1:56.4s-'25 (\$14,875); Ronald Weasley BT 1:56.1s-'25 (\$7,750). Now 2 etc.

Flow And Go (m, Yankee Glide) BT 1:57.4f (\$9,960). Production below.

Frisky Christy (m, Crazed). Dam of WHATS UP SWIFTY 2, 2:08.0h, BT 2:01.1f (\$8,878) etc.

2nd dam

BRIGHT LEAF BT Q2:10.1h, by **DREAM OF GLORY** 3, 1:57.2. From 10 foals, dam of 6 winners (3 in 1:56, 4 in 1:58) including-

BEARDMORE (h, Angus Hall) 2, 1:59.4s, 3, T1:54.4 (\$463,717) 3 wins. At 2, winner of Champlain S. at Mohawk, Valley Victory S. final at Mohawk; second in Campbellville S. elim and final at Mohawk, ONSS Gold elim at Windsor, ONSS Grassroots div at Kawartha Downs; third in

ONSS Gold elim at Mohawk, final at Mohawk.

FRISKY FERGI (m, Garland Lobell) 2, Q1:58.1f, 3, 1:56.0f, BT 1:54.3 (\$148,127) 7 wins. As Above

STRUTTIN CONWAY (h, Conway Hall) 3, 1:58.4f, 1:54.2f (\$118,608) 13 wins. At 4, third in Open at Dover Downs. As aged, second in Open at Rosecroft; third in Open at Dover Downs.

DA BESS (m, Cumin) 2, 2:02.0f, 3, 1:56.3 (\$96,193) 14 wins. At 2, winner of DE Breeders S. div at Harrington, DE Std Breeders Fund div at Dover Downs; third in MD Std. Race Fund div at Harrington, DE Std Breeders Fund div at Dover Downs; third in MD Std. Race Fund div at Rosecroft. At 3, winner of MD Std. Race Fund div at Ocean Downs, div at Rosecroft; third in MD Std. Race Fund div at Rosecroft. Dam of PENN STIX 2, 2:01.2, 3, Q1:58.3, BT 1:57.1 (\$39,239); etc.; grandam of MIKE THE TRADER 3, 1:58.4f, 1:53.4f, BT 1:53.1f (\$508,689); BIG AND LITTLE 2, 1:56.4f, 3, 1:55.3f, 1:52.4f (\$337,781); AONEEYEDFATMAN 3, 1:58.0f, 4, 1:57.2f (\$58,058); BROADWAY ZACH 3, 1:59.0f, 4, 1:57.4f (\$41,971) etc.

Bear Y Lovely (m, Angus Hall) At 2, third in Early Closer C leg (twice) at The Red Mile. Dam of DC DORA 2, 2:13.4h, 3, 2:02.2h, BT 2:01.2s (\$13,445); SOUTHERN GAL 2, Q2:05.2f, 3, 2:01.2f, BT 1:59.0f (\$13,073); DC JAILBIRD 2, 2:10.1h, 3, 2:00.1s (\$12,410); Super Duper Dan 3, 2:04.3h, BT Q1:59.2f (\$16,303) etc.; grandam of Majestic Coral. Now 3; Royal Serenity. Now 2

Brightest Moment (m, Garland Lobell) 3, 2:01.1f, BT 2:00.4f (\$5,844) 1 win. Dam of BRILLIANCE HANOVER 3, 1:57.2f, 4, 1:55.0f (\$220,079) etc.; grandam of GERALDS A KEEPER 3, 1:56.4f- '24, BT 1:56.3f- '25 (\$204,731) etc.

Big Boss Hoss (h, Armbro Goal) 2, 2:08.4h, BT Q2:04.2f (\$751) 1 win.

Dc Gingersnap (m, Jailhouse Jesse). Dam of Trump Boy Benedict. Now 2 etc.

Heart Thunder (m, Cumin). Dam of SIZEISNTEVERYTHING 4, 1:58.1s, BT 1:57.0f (\$77,887) etc.

Legacy Delight (m, Windsongs Legacy). Dam of Bbs Bands Glory. Now 3 etc.

Production Record Swan Baby (f, Swan For All). Died 2022. 2022

Owners Statement Sunset Stables Dispersal - Flow and Go in foal to Swan For All, stud fee paid and non refundable. Her first foal got injured and put down. Here is the Swan For All and Yankee Glide mare cross.